# MY MOUTH IS A VOLCANO

#### **Synopsis**

All of Louis' thoughts are so important to him that when he has something to say, he can't stop his words from blurting out of his mouth, interrupting other people. His mouth is a volcano! It is not until he is interrupted by others that he realizes what it feels like. With the advice of his mum, he tries something new and finds that he is able to control his volcano mouth!

#### Lessons and objectives

Sometimes we think that our words are really important and have to be said right away, but it is not nice to interrupt others. If you were interrupted all the time, you wouldn't like it. It is helpful to practice keeping your words in your mouth until it's you time to speak.

#### Materials Needed

- Red paper X 3
- Orange paper X 4
- Yellow paper x 2
- Green Paper
- White Paper
- Felt tip pens
- Stapler
- brown paper
- plate
- tape
- Pens
- Photo print out
- Glue Stick
- Gold Glitter
- Tin Foil

#### **Discussion Questions**

- 1. When other people talk, what happens to Louis' words?
- 2. What trouble does he get into for interrupting people?
- 3. What does his mum suggests he do?
- 4. Do you sometimes interrupt others?
- 5. Have you ever been interrupted by someone when you were speaking? How did that make you feel?

#### **Activities:**

- 1. Vocab Rolling Words
- 2. Impulse Control Book
- 3. Volcano Craft
- 4.My Volcano Mouth

## MY MOUTH IS A VOLCANO

#### Lesson Focus and Goals

Today the children will be making an impulse control book. This is to help them think before they talk or act so they can check what they saying is helpful and good.

#### Materials Needed

- Red paper
- Orange paper
- Yellow paper
- Green Paper
- White Paper
- Scissors

- Felt tip pens
- Stapler

#### Structure/Activity

#### Do an Introduction

In the book Louis just says whatever he wants, whenever he wants. As we grow up we need to learn what is appropriate behaviour.

Ask the children what they think appropriate means?

Appropriate behaviour is acting in a way that is good and helpful to everyone around you. If your teacher is trying to explain something and in the middle of explaining you interrupt her asking a question about something she is not talking about, do you think that is appropriate?

If everyone is lining up for food and you are really hungry, do you think it is appropriate to push to the front of the line?

If one of your classmates is singing a song that is irritating you, do you think it is appropriate to shout loudly at them or hit them?

Growing up means learning to control our behaviour. Today we going to make a booklet that teaches us ways to do that.

#### Step 1: Staple the papers together

Staple the 5 different colour papers together in in this order: white on top, red, orange, yellow and on the bottom green.





#### Step 2: Cut and label the paper

On the bottom of the green paper write CHOOSE.

Cut the yellow paper so the word CHOOSE on the green paper sticks out.

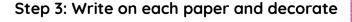
On the bottom of the yellow paper write DECIDE.

Cut the orange paper so the word DECIDE on the yellow paper sticks out.

On the bottom of the orange paper write THINK.

Cut the red paper so the word THINK on the orange paper sticks out.

Write on the bottom of the RED paper STOP.



On the red paper write: "STOP what you are doing."

do"

On the orange paper write: "Think about what you are going to say or

On the yellow paper write:

"Decide will it make it better or worse?"

On the green paper write:
"Choose the behavior that makes the situation BETTER"

#### Step 3: Decorate the front cover

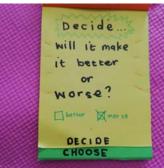
You can write my impulse control book on the front cover and decorate.



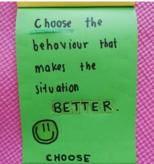














## **VOLCANO CRAFT**

#### **Lesson Focus and Goals**

Talk about how sometimes we blurt things out without thinking. Today they will be making a volcano with the things that they've blurted out before.

#### **Materials Needed**

- brown paper
- plate
- tape

- Scissors
- Red paper
- Orange paper

Pens

#### Activity

#### Step 1: Draw a circle

Use the plate to draw a circle on the brown paper and cut it out.

#### Step 2: Cut a slice out

Fold it twice and then draw a slice in one of the quarters. Cut this slice out.

#### Step 2: Make the volcano shape

a volcano shape taping the side. Then cut a small hole in the top so you can stick the paper strips in.

#### Step 3: Making the Lava

Cut the red and orange paper into strips.

#### Step 4: Writing on the Lava

Tell the children to write things that they have 'blurted' out before without thinking on the strips.

#### Step 5: Tape the strips on to the volcano

Tape the strips into the top of the volcano.

















### MY VOLCANO MOUTH

#### **Lesson Focus and Goals**

We will print a picture of each child to do the activity with. So they need to take their picture and stick it down and use the craft papers to make a volcano coming out of their mouths.

#### **Materials Needed**

- Photo print out
- A4 orange paper
- Scissors

- Glue Stick
- Yellow, orange, red paper (A6)
- Gold glitter

Tin foil

#### **Activity**

Remind the children that even though the words are invisible that come out our mouth they have an effect. They can be beautiful or ugly. Remind them the importance of thinking before we speak. Today you will make a picture that reminds you that beautiful things can come out of your mouth.

**Step 1**: Give each child a print out of their photo (If you can't print photos for them ask them to draw themselves).

Step 2: They can stick the photo onto the orange paper

**Step 3**: Using the scrap paper and craft material they can make a beautiful 'volcano' coming out of their mouth.

